



Ave Maria has been a part of the Memphis community for over 50 years. Started in 1956 as a care home for the aged, Ave Maria has since become a licensed long-term care facility, a state of the art assisted living with private dementia unit as well as providing adult day services through the Assisi Day Center. Our newest service, Ave Maria HomeCare Services is designed to serve those individuals who want to remain in their own home for as long as possible.

Ave Maria complies with Title VI of the Civil Rights Act of 1964, section 504 of the Rehabilitation Act of 1973, Title IX of the Education Amendment of 1972 and the Age Discrimination Act of 1975.



**HEALTH CARE OPTIONS
OFFERED AT AVE MARIA**

- **ICF NURSING HOME**
- **ASSISTED LIVING**
- **ST. LUKE COTTAGE
(Dementia Care)**
- **ASSISI ADULT DAY CENTER**
- **HOMECARE SERVICES**

*The Assisi
Adult Day Center
at Ave Maria*

**2795 Charles Bryan Road
Bartlett, TN 38134
Phone: (901) 386-3211
Direct Line: (901) 405-3792
Fax: (901) 405-3783
www.avemariahome.org**



We do not discriminate in regard to race, creed, sex, religion or national origin.



*The Assisi
Adult Day Center
at Ave Maria*

*“Making a Difference,
Feeling the Difference,
Living the Difference!”*



AVE MARIA

*Providing daily
activities to
enhance the lives
of seniors in a
Christ-centered
environment.*



What is the Assisi Adult Day Center?

The Assisi Adult Day Center at Ave Maria is a unique adult day program focusing on stimulating socialization skills, providing personal care and strengthening and improving physical and cognitive abilities. We offer a wide range of activities, both for the individual and the group setting.

Respect and admiration for our clients is prevalent through the program. The center has been created to provide quality care in a protected environment that advocates support of the individual and the family.

We provide services for adults who are:

- *Alone or isolated – in need of socialization,*
- *In need of supervision,*
- *In need of activities and care after a recent medical event,*
- *Diagnosed with Alzheimer’s disease or a dementia related illness,*
- *In need of assistance due to physical impairment.*

HOURS

We are open
Monday through Friday from
7:00 A.M. until 6:00 P.M.

PROGRAMS AND FEES

- Half-day programs – up to 4 hours
- Full-day programs – up to 10 hours
 - Two to five days a week,
your choice of days
Call for current pricing.

Prices are subject to change without notice.

TRANSPORTATION

- Ave Maria Bus 7:30 – 9:00 A.M. and 4:00 – 6:00 P.M. are the scheduled times based on availability and route.
Call for current pricing.

ELIGIBILITY

- 18 years of age or older
- Must be evaluated prior to entering our comprehensive program.

*Give someone you love
something to look forward to.
You’ll be amazed at the difference
it will make in your lives!*

Funding is available for the Assisi Adult Day Center through a grant from the Assisi Foundation.



OUR SERVICES

HEALTH MONITORING

- Assistance with personal care
- Therapeutic recreational activities
- CPR trained staff
- Assistance with medication management

NUTRITION

- Nutritionally balanced meals
- Special diets available
- Morning and afternoon refreshments

SOCIALIZATION

- Games – movies – music – arts & crafts
- Professional/amateur entertainment
- Outdoor activities
- Music and pet therapy
- Regularly scheduled religious services for all faiths
- Social activities and community field trips

ACTIVITIES

- Daily exercises
- Physically active games
- Task oriented activities to stimulate cognition
- Small groups to increase peer interaction

ADDITIONAL SERVICES

- Beauty/barber shop services available
- Access to physical therapy, occupational therapy, speech and audiology
- Podiatry services available upon request